

National University of Ireland, Galway  
Ollscoil na hÉireann, Gaillimh

Summer Examination 2001

**Diploma in Health Promotion**

Paper 4

Ms. Sylvia Tilford  
Dr. P. A. Carney  
Professor Cecily Kelleher  
Ms. Jane Sixsmith

Time allowed for each section is 45 minutes

Answer **one** question in each section  
Use a separate answer book for each section

**Section A: Causes of Mental Ill-Health**

- Q. 1. What do you understand by the term "Neurosis" ? What are the features of Panic Disorder and what treatment options are available for this condition ?  
(Dr. P. A. Carney)
- Q. 2. Describe Anorexia Nervosa AND Bulimia Nervosa. Discuss the role of society in their aetiology. What measures could help reduce their incidence ?  
(Dr. P. A. Carney)

**Section B: Causes of Physical Ill-Health**

- Q. 3. According to Richard Wilkinson (1996), health inequalities tell us as much about how societies are organised as they do about the health of the population. What does he mean by this? Illustrate with examples. (Prof. C. Kelleher)
- Q. 4. Life expectancy in the Republic of Ireland ranks amongst the lowest in Europe for both men and women. Why is this a significant indicator of population health and what factors could contribute to the Irish situation? (Prof. C. Kelleher)

**Section C: Health and Public Policy**

- Q. 5. The Department of Health and Children is in the process of preparing a new health strategy to replace "Shaping a Healthier Future" published in the mid 1990s. What are the priority issues within the traditional health care sector, and beyond it, that should be considered ? Select TWO of these and discuss how you would set out strategic targets.  
(Prof. C. Kelleher)
- Q. 6. Models of quality assurance can be helpful in evaluating both the process and output of a service. Discuss with examples, considering the principles and models with which you are familiar.  
(Prof. C. Kelleher)

**Section D: Health Promotion in the General Community**

- Q. 7. Compare and contrast the 'integrationist' and 'oppositional' perspectives of community action.  
(Ms. J. Sixsmith)
- Q. 8. Successful implementation of community wide health promotion depends on two interrelated activities: understanding of community's needs, resources and values, and early citizen involvement. Discuss this statement in relation to community needs assessment  
(Ms. J. Sixsmith)