

National University of Ireland, Galway
Ollscoil na hEireann, Gaillimh

Summer Examination 2001

**Certificate/Diploma in Health Promotion
Marino Institute of Education, Dublin**

Paper 2

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Professor Cecily Kelleher
Ms. Jane Sixsmith

Time allowed for each section is 45 minutes

Answer **one** question in each section
Use a separate answer book for each section

Section A: Health Promotion at Work

- Q. 1. Imagine you are health promotion officer with responsibility for workplace in your local health board. You are asked to advise on a suitable health promotion strategy for a local factory employing 250 people, mainly women. Discuss what considerations would guide you in putting it in place.
(Prof. C. Kelleher)
- Q. 2. What considerations would you give to the issue of tobacco smoke in the work environment? Discuss both active and passive strategies in the context of the 5 point Ottawa Charter framework.

(Prof. C. Kelleher)

Section B: Causes of Physical Ill-Health

- Q. 3. According to Richard Wilkinson (1996), health inequalities tell us as much about how societies are organised as they do about the health of the population. What does he mean by this? Illustrate with examples.
(Prof. C. Kelleher)
- Q. 4. Life expectancy in the Republic of Ireland ranks amongst the lowest in Europe for both men and women. Why is this a significant indicator of population health and what factors could contribute to the Irish situation?

(Prof. C. Kelleher)

Section C: Health & Public Policy

- Q. 5. The Department of Health and Children is in the process of preparing a new health strategy to replace "Shaping a Healthier Future" published in the mid 1990s. What are the priority issues within the traditional health care sector, and beyond it, that should be considered ? Select TWO of these and discuss how you would set out strategic targets.

(Prof. C. Kelleher)

- Q. 6. Models of quality assurance can be helpful in evaluating both the process and output of a service. Discuss with examples, considering the principles and models with which you are familiar.

(Prof. C. Kelleher)

Section D: Community Development

- Q. 7. Compare and contrast the 'integrationist' and 'oppositional' perspectives of community action.

(Ms. J. Sixsmith)

- Q.8. Successful implementation of community wide health promotion depends on two interrelated activities: understanding of community's needs, resources and values, and early citizen involvement. Discuss this statement in relation to community needs assessment.

(Ms. J. Sixsmith)