

*Ollscoil na hÉireann, Gaillimh*  
*National University of Ireland, Galway*

GX 2333

**Semester II Summer Examinations, 2003/2004**

Exam Code(s)	1NG2
Exam(s)	Bachelor of Nursing Science (Psychiatric)
Module Code(s)	NU135
Module(s)	Assessing and Promoting Mental Health (Theory)
Paper No.	1
Repeat Paper	Special Paper
External Examiner(s)	Dr. Shelagh Sparrow
Internal Examiner(s)	Ms. Kathy Murphy, Ms. Dymphna Casey, Ms. Lorraine Mee, Ms. Phil Noone, Ms. Siobhan Smyth

**Instructions:**

Please answer a total of three (3) questions. Use a separate answer book for each question. All questions carry an equal mark. Support your answers with reference to the literature and your nursing experience as appropriate.

Duration	3 hours
No. of Answer books	3

**Requirements:**

Handout	
MCQ	
Statistical Tables	
Graph Paper	
Log Graph Paper	
Other Material	

No. of Pages	2
Department(s)	Centre for Nursing Studies

- 1 Discuss the reasons why it is important to carry out a needs assessment prior to commencing a health promotion intervention. (100%)
2. People define Health differently. Using the literature discuss **three** definitions of health and how these influence health promotion interventions. (100%)
3. The literature identifies **Key** barriers which prevent Mental Health nurses from engaging in health promotion. Discuss these barriers suggesting ways of overcoming the barriers identified. (100%)
4. (a) Define Health promotion? (20%)  
(b) Discuss the advantages of adopting health promotion models/approaches in psychiatric nursing practice. Support your answer with reference to your clinical experience. (80%)
5. (a) What is motivational interviewing? (20%)  
(b) Describe how motivational interviewing can be used to help people modify their behaviour. (80%)

**THE END**