

*Ollscoil na hÉireann, Gaillimh*  
*National University of Ireland, Galway*  
**Semester II Examinations, 2003/2004**

*GX 2348*

Exam Code(s)	1AU1, 1AU2
Exam(s)	Access Course for Registered Nurses
Module Code(s)	HP271
Module(s)	Health Psychology
Paper No.	1
Repeat Paper	Special Paper
External Examiner(s)	Ms. Marianne Moutray
Internal Examiner(s)	Ms. Kathy Murphy
	Dr. Pádraig Mac Neela

**Instructions:**

Please answer a total of **THREE (3)** questions.  
Use a separate answer book for each question.  
All questions carry an equal mark.  
Support your answers with reference to the literature  
and your nursing experience as appropriate.

Duration	3 hrs
No. of Answer books	3

**Requirements:**

Handout	
MCQ	
Statistical Tables	
Graph Paper	
Log Graph Paper	
Other Material	

No. of Pages	2
Department(s)	Nursing

1. The psychological approach to Quality of Life provides a broad understanding of well being that is applicable to nursing. Discuss. *(100 marks)*
2. Adherence to nursing advice, medications and other treatments is lower than many people would expect. What insights into non-adherence can be gained through the study of psychology? *(100 marks)*
3. Can psychological concepts and applications usefully inform nursing practice? Your answer should draw on specific examples of psychology theory and applications. *(100 marks)*
4. The experience of stress is often associated with ill health and distress. Discuss how stress has been conceptualised and explained by psychological researchers. *(100 marks)*
5. Outline the psychological approach to understanding and treating the experience of pain. *(100 marks)*
6. Discuss the relevance of behavioural psychology to the experience of health and well being. Base your answer on theory and applications associated with **one** of the following: (a) classical conditioning, (b) operant conditioning, or (c) cognitive behavioural psychology. *(100 marks)*