

Ollscoil na hÉireann, Gaillimh

NATIONAL UNIVERSITY OF IRELAND, GALWAY

3BA Psychology and Visiting Students**Semester 2 Examination, 2004-2005****PS322 Health Psychology (5.0 ECTS)**

Professor Ray Fuller
Dr. Brian Hughes
Professor Ruth Curtis
Dr. Brian McGuire
Mr. Neil Walshe
Dr. Caroline Heary

Time allowed: Two hours

*Candidates are required to answer two questions, one from each section
Please use separate answer books for each section*

Section A

1. Outline the development of health psychology as a discipline and assess its goals and perspectives.
2. Critically evaluate those models of stress that contribute to our current understanding of the concept.
3. "Reflecting on both theory and clinical practice, outline how psychology has contributed to our understanding of pain".

Section B

4. Discuss recent changes in the nature of work and assess their impact on employee well-being with particular focus on three central concerns for organisations and the workforce.
5. Evaluate the costs, benefits and limitations of employee assistance programmes in the promotion of occupational well-being at both the individual and organisational level.
6. Discuss, citing relevant research, the role of emotions in the workplace, their effects on well-being and the implications of emotional labour.