

National University of Ireland, Galway  
Ollscoil na hEireann, Gaillimh

Summer Examination 2000

**Diploma in Health Promotion**

Paper 4

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Dr. P. A. Carney  
Professor Cecily Kelleher  
Ms. Jane Sixsmith

Time allowed for each section is 45 minutes

Answer one question in each section  
Use a separate answer book for each section

**Section A: Causes of Mental Ill-Health**

- Q. 1. Define Dementia. Give an account of the nature, prevalence and causes of dementing illnesses with particular reference to Alzheimer's Disease and Vascular Dementia. What steps can be taken to prevent either of these conditions.

(Dr. P. A. Carney)

- Q. 2. Write short notes on **ALL** the following:-

- a) Unemployment and Psychiatric Illness
- b) Agoraphobia
- c) Psychiatric Sequelae and Chronic Alcohol Abuse
- d) Disturbance of Body Image

(Dr. P. A. Carney)

**Section B: Causes of Physical Ill-Health**

- Q. 3. Both levels of blood pressure and total cholesterol level are continuously distributed variables in the population. What are the implications of this in developing and implementing cardiovascular health strategies?

(Prof. C. Kelleher)

- Q. 4. Our primary care structure is the biggest impediment to cancer screening strategies. Discuss.

(Prof. C. Kelleher)

**Section C: Health and Public Policy**

- Q. 5. The tension between the rights of the individual and the benefit to the community as a whole is a long-standing feature of health service policy. Discuss with examples.

(Prof. C. Kelleher)

- Q. 6. The health care budget currently devotes about half its resources to acute hospital care. Outline the considerations leading to this and discuss what the incentives and constraints are in changing this expenditure ratio.

(Prof. C. Kelleher)

**Section D: Health Promotion in the General Community**

- Q. 7. Discuss the potential dilemmas for health promoters in using a community development approach to practice.

*(Ms. J. Sixsmith)*

- Q. 8. Discuss the issues that facilitate the successful application of the community organisation principles to health promotion initiatives.

*(Ms. J. Sixsmith)*